

323 North State Street; Caro, MI 48723 989.673.6191 or 1.800.462.6814 www.tbhsonline.com

Trauma Focused Caregiver Education Workshop

This eight-module course provides skills and techniques to improve caring for children who have experienced trauma. It includes learning about how trauma impacts child development, and how to help children in your care move past trauma in a healthy way. Promoting safety of the child, family, home, and other environments will be discussed. The course helps to develop honoring and responding to your child's feelings and behaviors. The course will also provide skills on connecting with resources and becoming an advocate for your child in his or her various environments. Finally, the coursework will highlight the importance self-care and coping with compassion fatigue. All modules are endorsed by the National Child Traumatic Stress Network (NCTSN)

Facilitators:

Lacey Roberson, Resource Parent, Parent Support Partner, Tuscola Behavioral Health Systems Seth Geister, LPC, CMHP, Family Services Clinician, Tuscola Behavioral Health Systems

Classes begin Thursday, September 16, 2021 from 10:00 am to 12:00 pm All course's time and day will be the same each week:

Module 1-September 16, 2021

Module 2-September 23, 2021

Module 3-September 30, 2021

Module 4-October 7, 2021

Module 4-October 7, 2021

Module 8-November 4, 2021

<u>All classes held via Zoom: Meeting ID and Password will be shared once participants have</u> received their handbooks for the course

Applicant's Name	Applicant's Phone and email	
Referral Source	Caregiver Type (circle one):	Biological Adoptive Extended Family Foster Other
What would you like to improve in your life?		
What is getting in the way of this improving?		