

Tuscola Behavioral Health Systems

A Person Centered Approach



Integrated
Wellness
Clinic



TUSCOLA

Behavioral Health Systems

Personal Independence Center (PIC)

1332 Prospect Ave., Caro, MI 48723

989.673.6191 1.800.462.6814

TDD/TDY 989.286.3630

www.tbhsonline.com

Integrated Wellness Clinic Person Centered Approach

The Integrated Wellness Clinic at Tuscola Behavioral Health Systems (TBHS) is a unique clinic where people who are receiving mental health services at TBHS can also receive primary health care within the same setting. The Integrated Wellness Clinic removes the barrier of access to primary care services for individuals living with a mental health diagnosis. This allows individuals to receive treatment for both physical and mental health conditions at the same time and at the same place.

The Integrated Wellness Clinics goal is to care for the whole person while providing treatment, support, education and wellness in an integrated healthcare setting.

In addition, a Certified Peer Wellness Coach is also on staff to assist and educate individuals in meeting their healthcare goals.

Medical Appointments Available

Wednesday 9:00 a.m. to 3:00 p.m.

Thursday 9:00 a.m. to 3:00 p.m.

By calling 989.673.6191 or 1.800.462.6814.

Accepting new Medicaid Patients.

Nurse Practitioner



Nurse Practitioner is available
by appointment
Wednesday 9:00 a.m. to 3:00 p.m.
Thursday 9:00 a.m. to 3:00 p.m.
Walk-ins are welcome.

TBHS working in collaboration with:
McLaren Caro
Caro Health Plaza

The goal for TBHS is to help all individuals served to lead healthier, happier and more rewarding lives. Behavioral health treatment, wellness programs and primary care in one location leads to building a trusting relationship with individuals, where the individual creates their own person centered care path to wellness.

