

MIGRANT SERVICES

Department of Health & Human Services	989-673-9100
Reese Summer Migrant Program	989-868-4502

PARENTING CLASSES/SUPPORT

Early Head Start	989-672-1785
Family Planning Clinic	989-673-8118
List Psychological	989-673-5700
Michigan State University Extension (MSU E)	989-672-3870
Positive Alternatives	989-672-4673
Tuscola County Health Department Maternal	
Infant Health Services (MIHP)	989-673-1740
Great Start Tuscola - Conscious Discipline	989-673-2144 ext.30302
New Light Consultants	989-871-6695

RESPIRE CARE

The Fowler Center (ages 6+)	989-673-2050
McLaren Caro Region	989-673-3141

RUNAWAYS

Innerlink Runaway & Homeless Youth Shelter 989-753-3431

SENIOR SERVICES

Adult Protective Services (DHHS)	855-444-3911
Blue Water for Ind. Living	810-648-2555
Connections Human Services	989-672-1268
Adult Guardianship	989-672-1268
Covenant Visiting Nurse Association	989-799-6020
Department of Health and Human Services	989-673-9100
Geriatric Clinic/Services	989-673-8114
Home Delivered Meals & In Home Services	800-843-6394
Foster Grandparent Program(HDC)	989-673-4121
Lakeshore Legal Aid	989-673-5651
List Psychological	989-673-5700
Region VII Area Agency on Aging	800-858-1637
RSVP Volunteers	989-673-4121
Senior Dining Centers (HDC)	989-673-4121
Senior Life Solutions	989-672-5757
Blue Water Center	810-648-2555
Thumb Area Psychological Services	989-872-1800
TRIAD (Lakeshore Legal Aid)	989-673-3188
Tuscola Behavioral Health Systems (TBHS)	989-673-6191

SHELTERS

Innerlink Runaway and Homeless Youth Shelter	989-753-3431
Thumb Area Assault Crisis Center	800-292-3666

SOCIAL SECURITY

Social Security Administration	800-772-1213
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SUBSTANCE ABUSE

A Chance to Change	248-763-8132
Al-Anon	800-356-9996
List Psychological Services	989-673-5700
Sacred Heart (Bay City)	989-894-2991
Thumb Area Psychological Services	989-872-1800
Tuscola Behavioral Health System	989-673-6191
Narcotics Anonymous	248-544-2010

SUPPORT GROUPS

Caregivers Support Coping w/ Chronic Illness	800-843-6394
Compassionate Friends (CARO)	810-376-2801
Diabetic Support Group (Hills & Dales)	989-912-6365
Dementia Related Support Group (HDC)	989-673-4121
Domestic Violence Support Group	800-292-3666
Parkinson's Support Group	800-843-6394
Stroke Support Group (McLaren-Flint)	810-342-5350
Thumb Area Psychological Services (TAPS)	989-872-1800
TLC Kinship Care	(989) 912-9317 or 989-912-9304
New Light Consultants	989-672-0784
Thumb Area Companions	989-872-2855

TRANSPORTATION

Thumbody Express	989-673-8488
Senior Medical Transportation	989-672-1730

YOUTH PROGRAMS

The Fowler Center	989-673-2050
Girl Scouts Heart of Michigan	800-497-2688
MSU Extension 4-H	989-672-3870
The Fowler Center	989-673-2050
Innerlink Runaway and Homeless Youth Shelter	989-753-3431
GLBT National Youth	800-246-7743

VETERANS SERVICES

Blue Water Center	810-648-2555
List Psychological	989-673-5700
Veteran's Affairs (TCHD)	989-673-8148
Veteran's Medical (Saginaw)	800-406-5143
Veteran's Crisis Line	800-273-8255 (press 1)

Great Start Tuscola Resource Brochure

Find the Help You Need!



**Rachael Koepf, Great Start Tuscola
Executive Director
989-673-2144 Ext. 30325
greatstartuscola@gmail.com**

**Tammy Stephens
Parent Liaison
989-673-2144 Ext. 30302
gstuscolapc@gmail.com**

**Online Resource Information
www.211nemichigan.org
www.greatstartuscola.org
www.greatstarttoquality.org**

**Non Emergency Phone Number
Dial 211**

**Tuscola County Schools
Tuscola Intermediate School – 989-673-2144
Akron Fairgrove – 989-691-5141
Caro – 989-673-3169
Cass City – 989-872-2158
Kingston – 989-683-2284
Mayville – 989-843-6115
Millington – 989-660-2432
Reese – 989-868-4561
USA – 989-883-9147
Vassar – 989-823-8535**

ABUSE & ASSAULT SERVICES

Adult & Children Protective Services	855-444-3911
Department of Health & Human Services	989-673-9100
Elder Advocacy Program	989-672-1790
Thumb Area Assault Crisis Center	800-292-3666
Tuscola County Prosecuting Attorney	989-672-3900
Tuscola County Victim Services	989- 673-8161
National Child Abuse	800-422-4453
National Domestic Abuse	800-799-7233
National Sexual Assault	800-656-4673
Child Advocacy Center	810-610-8071

ADOPTION & FOSTER CARE

Foster Care Closet of Tuscola	800-554-4966 Ext 203
Adoption & Foster Care Specialists, Inc.	888-643-1530
Catholic Family Services	sr.monikamaryrsm@gmail.com
Department of Health & Human Services	989-673-9100
Holy Cross Children's Service	989-799-2503
Michigan Adoption Resource Exchange	800-589-6273
New Light Child & Family	989-871-6695
Lutheran Child and Family Services of Michigan	313-921-3740
Flint Child & Family Services	810-743-0918

BUDGETING CLASSES

Consumer Credit Counseling Services	810-358-8562
Community Connections	989-479-0346

CHILD CARE

Department of Health & Human Services	989-673-9100
Great Start to Quality Resource Center	877-614-7328
	Greatstarttoquality.org
Car Seat Installation	1-810-648-4098 ext. 155

CRISIS COUNSELING

Blue Water Center for Independent Living	810-648-2555
Boys Town National Hotline	800-448-3000
Catholic Family Services	989-673-5352
Family Planning	989-673-8118
List Psychological Services	989-673-5700
New Light Consultants	989-672-0784
Tuscola Behavioral Health Systems (TBHS)	989-673-6191
Positive Alternatives (pregnancy options info)	989-672-4673
Thumb Area Psychological Services	989-872-1800

ASSISTANCE/SUICIDE PREVENTION

24 HOUR SERVICE

Barb Smith Suicide Resource & Response Net.	989-781-5260
TBHS – Community Mental Health	989-673-6191
Thumb Area Assault Crisis Center	800-292-3666
List Psychological	989-673-5700
Emergency 24-hour	911
Suicide Prevention Text Line	741741

DENTAL

Bay City Dental Center	989-671-2000
Bay City Dental	989-892-7062
Delta Dental Referral	800-482-8915
Great Lakes Bay Health Center Thumb Area	989-623-0137
People's Clinic	810-985-4747
Medicaid Hotline	888-367-6557

DOMESTIC VIOLENCE GROUPS

Bay Area Women's Center	989-686-4551
Thumb Area Assault Crisis Center	800-292-3666
List Psychological	989-673-5700
Saginaw Underground Railroad	989-755-0411

EMPLOYMENT

GST Michigan Works!	989-673-8103
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EDUCATION

Caro Alternative High School	989-673-6845
Early Childhood Hotline	989-672-6930
Early Head Start	989-672-1785
Early On	989-672-6930
Head Start & GSRP (Caro)	989-672-2880
Head Start & GSRP (Kingston & Cass City)	989-683-2824
Head Start & GSRP (Akron-Fairgove)	989-691-5141
Head Start & GSRP (Millington)	866-871-6450
Highland Pines School (Special Education)	989-673-5200
Michigan Rehabilitation Services (Job Prep)	989-894-6300
Child Find/Build Up Michigan	989-672-6930
Tuscola Technology Center (Icludes GED)	989-673-5300
Tuscola Intermediate School District	989-673-2144
Tuscola Transition Network	989-672-6952
TIISD Homeless Student Education	989-673-2144 ext 30426
GST Michigan Works!	989-673-8103
Great Start Readiness Program	989-673-2144 ext 30484

FOOD & UTILITIES & FURNITURE

Caro Church of the Nazarene	989-673-6175
Community of Christ (used furniture)	989-673-5504
Commodity Programs (HDC)	800-843- 6394
Department of Health & Human Services	989-673-9100
Home Delivered Meals (HDC)	800-843-6394
Revive Ministries (food only)	989-551-7803
MI Bridges	www.michigan.gov/mibridges
Vassar Area Emergency Fund	989-823-2911
Vassar Food Pantry	989-823-2911
Human Development Commission	989-673-4121
Mayville Area Share Shop	989-843-5370
Salvation Army	810-232-2197
Spoonful's of Plenty (Free Community Meal)	800-843-6394
Woman, Infant Children (WIC)	989-673-3199

GRIEF, LOSS & BEREAVEMENT

Barb Smith Suicide Resource & Response Net.	989-781-5260
Covenant Visiting Nurse Association	989-799-6020
Grief Support (Hospice/Marlette Hospital)	800-635-7490
Hospice of Michigan	888-247-5705
Precious Reflections Support Group	989-894-3015
Thumb Area Companions	989-872-2855

HEALTH SERVICES & INSURANCE INFORMATION

Department of Health & Human Services	989-673-9100
MiBridges Michigan.gov/mibridges	844-799-9876
Tuscola County Health Department	989-673-8114
Medicaid Help Line-MI ENROLLS	800-642-3195
Prescription Discount Card	877-321-2652
McLaren Caro Region	989-673-3141
Caro Quick Care	989-672-5151
Hills & Dales Hospital	989-872-2121
Positive Alternatives	989-672-4673

HOUSING SERVICES

Blue Water Center for Independent Living	1-810-648-2555
Department of Health & Human Services	989-673-9100
Habitat for Humanity	989-325-1807
Home Weatherization (HDC)	989-673-4121
Homeless Coalition	989-672-7674
Homeless Students Assistance	989-673-2144 ext 30426
Human Development Commission	989-673-4121
Lead Abatement Program	800-843-6394
Section 8 Rental Assistance Program	517-487-6550
U.S Agriculture & Rural Development	989-673-8171
Veteran's Services (Saginaw)	800-406-5143

INFORMATION & REFERRAL

Non-Emergency Needs	211
Emergency Number	911
National Suicide Prevention Line	1-800-273-8255
National Human Trafficking	1-888-373-7888

LEGAL SERVICES

Lakeshore Legal Aid	888-783-8190
Legal Services- Eastern Michigan	800-322-4512
Tuscola County Probate Court	989-672-3850
Tuscola County Friend of the Court	989-673-4848
Tuscola County Victim Services	989-673-8161

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